

Ultima Thule 1377: 4 March 2021

No	Track Title	Composer	Artist	Album	Label	Catalogue	Dur
1	Schumann Resonance 7.83 Hz	Brainsage	Brainsage	Theta Mind: Isochronic Suite	n/a	n/a	10.00
2	174 Hz (Relieve Pain)	Kev Thompson	Kev Thompson	Solfeggio Frequencies (Tibetan Singing Bowls)	n/a	n/a	45.42
3	285 Hz Original Form	Sound Mind Lab	Sound Mind Lab	Solfeggio Frequencies: Vibrational Soundscapes For Deep Healing & Rejuvenation	n/a	n/a	9.00
4	396 Hz Ut Queant Laxis	Steve Bender	Steve Bender	Solfeggio Relax	n/a	n/a	30.37
5	RE 417 Hz	Binaural Brainwave Systems	Binaural Brainwave Systems	Solfeggio Meditations	n/a	n/a	10.00
6	528 Hz	Jonas Kopp	Jonas Kopp	Beyond the Hypnosis	n/a	n/a	4.21
7	639 Hz Unity	JS Epperson	JS Epperson	Solfeggio Suite With Binaural Beats	n/a	n/a	9.45
8	741 Hz Cell Cleanse	Benjamin Bubb	Benjamin Bubb	Solfeggio Sound Healing	n/a	n/a	5.19
9	852 Hz Sleep Waves	Stargods Sound Healing	Stargods Sound Healing	Gentle Solfeggio Sleep Waves For Insomnia	n/a	n/a	12.22
10	963 Hz Solfeggio Reset To Our Original And Perfect Being	Michael Winmood	Michael Winmood	Solfeggio Frequencies For Healing	n/a	n/a	13.30

Programme produced and presented by Jack Anthony
 Executive Producer, George Cruickshank