## **Ultima Thule 1337:** 28 May 2020

No	Track Title	Composer	Artist	Album	Label	Catalogue	Dur
1	285 Hz Clearing Crystals	Avesolfe Gio	Avesolfe Gio	285 Hz Clearing Crystals	n/a	n/a	6.45
2	285 Hz Delta Rain Elixir	Benjamin Bubb	Benjamin Bubb	Solfeggio Sound Healing	n/a	n/a	6.53
1 3	285 Hz (Heal and Regenerateate Tissue)	Subtle Mind Expansion	Subtle Mind Expansion	Solfeggio Frequencies (Healing Tibetan Singing Bowls with Ambient Sounds of Nature)	n/a	n/a	9.56
4	285 Hz Solfeggio Sleep	Stargods Sound Healing	Stargods Sound Healing	Solfeggio Sleep	n/a	n/a	14.40
5	285 Hz Sleep Waves	Stargods Sound Healing	Stargods Sound Healing	Gentle Solfeggio Sleep Waves for Insomnia	n/a	n/a	12.12
6	285 Hz Original Form	Sound Mind Lab	Sound Mind Lab	Solfeggio Frequencies: Vibrational Soundscapes for Deep Healing and Rejuvenation	n/a	n/a	9.00
7	285 Hz	Daniel Postruzin	Anemona	Solfeggio Healing Frequencies	n/a	n/a	20.18
8	285 Hz Revitalize Me	Music from the Firmament	Music from the Firmament	Solfeggio Frequencies - Healing Sound Therapy	Futura Studio	n/a	9.48

Programme produced and presented by Jackson Day Executive Producer, George Cruickshank