

Ultima Thule 1259: 2 December 2018

No	Track Title	Composer	Artist	Album	Label	Catalogue	Dur
1	396 Hz Grounded Awakening	Sound Mind Lab	Sound Mind Lab	Vibrational Soundscapes	Sound Mind Lab	B076BVD4CN	8.46
2	396 Hz Ut Queant Laxis	Steve Bender	Steve Bender	Solfeggio Relax	Steve Bender	B07DPQHK3J	30.37
3	396 La Frequence Sacre	Hypnose Meditation Relaxation	Hypnose Meditation Relaxation	Musique Pour Se Detendre Et Mediter En Profondeur	Hypnose Meditation Relaxation	B07G5WN7Y9	12.50
4	UT 396 Hz	Matias Cordova	Matias Cordova	Sonidos Solfeggios Para Medetacion	Matias Cordova	7798145802957	9.07
5	396 Hz Release	J S Epperson	J S Epperson	Solfeggio Suite With Binaural Beats	JS Epperson	B004YKLDDK	12.53
6	396 Hz Solfeggio Sleep	Stargods Sound Healing	Stargods Sound Healing	Solfeggio Sleep	Stargods Sound Healing	B07CVYRQPB	11.43

Programme produced and presented by Jackson Day
Executive Producer, George Cruickshank