

Ultima Thule 1219: 25 February 2018

| No | Track Title | Composer | Artist | Album | Label | Catalogue | Dur |
|----|-------------------------------|------------------------|------------------------|--|------------------------------|-------------|-------|
| 1 | Om Zone 432 Hz Part 4 | Steve Halpern | Steve Halpern | In The Om Zone | Inner Peace Music | IPM 8030 | 4.58 |
| 2 | Schumann Resonance 7.83 Hz | Brainsage | Brainsage | Theta Mind: Isochronic Suite | Brainsage | 68678 22153 | 10.00 |
| 3 | Schumann Resonance 33.8 Hz | Brainwave Sync | Brainwave Sync | Schumman Resonance Vol 3 | Brainwave-Sync | n/a | 30.00 |
| 4 | 417 Hz Facilitating Change | Ingmar Hansch | Ingmar Hansch | The Master's Meditations (Therapeutic Music) | Greenheart Music | n/a | 13.20 |
| 5 | UT 396 Hz | Anima | Anima | Sound Medicine | Anima Sound Productions | n/a | 5.29 |
| 6 | Prayer 639 Hz | Joe McCracken | Joe McCracken | Awareness | Joe McCracken | B077MLX2GP | 10.14 |
| 7 | 528Hz Deep Sleep Delta (edit) | Stargods Sound Healing | Stargods Sound Healing | 528 Hz Healing Sound For Healing Sleep | Stargods Sound Healing Music | B073PRK2N9 | 9.28 |

Programme produced and presented by Jackson Day
 Executive Producer, George Cruickshank